

Personal Reflections

"The workshop blew my feeble expectations of a positive outcome out of the water!"



One of the remarkable things I witnessed was having people from various backgrounds, ages and walks of life not only getting along, but get a grasp of the teaching, proving that this tradition applies to anyone. Anywhere, no matter what.

Meeting w/ Gary and the faculty not only verified beyond a shadow of doubt

they are who I thought they are, but also serves as a continuing source of inspiration to keep at the 'work'. So much energy was behind the words and the healings that were given (which were incredible in and of themselves) that I continue to be astounded by the effects to this day."

– **Rocco**

"I've been home for a while now and I don't feel the same way as when I went there. I feel more alert and energised and more attuned to what's around me all the time . . . it was great to see all of you and meet you in person, you're all so gifted." – **Kenneth**

"My impression of the workshop at this point in time, 2 weeks later, remains the same: it was one of the most

significant events in my life (and I've been around the block a time or two) usually, after a class, workshop, etc, the impact of the event fades fairly quickly and the relative impracticality of whatever I learned and/or experienced becomes more apparent. Not so with this workshop the warmth and power of personal contact with other participants and staff is still hanging around inside me and I get the impression it is not going anywhere. The healings continue, too." – **Carol**



"From what I saw at the workshop, I felt like the tradition is very serious about what is taught. It requires self-healing in ways most people do not imagine possible, but at the same time allowing them to be completely human. There was a focus on teaching people the skills they need to start down that road themselves, rather than making those skills about who is teaching them, or about any theatrics involved in demonstrating them. I did feel a great amount of compassion from all people at the workshop. But it was a different kind of compassion that is usually within groups. It was about different people coming together to learn for themselves and supporting each other in doing that, rather than leaning on each other in a way that is only putting off and prolonging the act of becoming themselves. Thank you to everyone there who made the workshop what it was." – **Louise**



"The workshop satisfied a need for me to take a step forward and see what this is really all about. The outdoor setting, patient teachers, and loving students made this a profound and intimate experience for me. I felt like it was also a beginning for this group as well as a transition to the next level of learning. I continue to be amazed at how the energy of the workshop started working so powerfully

beforehand and continues to move me afterwards. It is extremely powerful yet subtle. To be healed, to help heal others, to receive training, to be moved... thank you for all of these things and more." – **Aaron**

"It was amazing how we all fit together - people doing all kinds of different things joining together by our desire to grow and to learn. In the beginning I thought I did not learn that much from the lectures themselves, but I may have to revise that belief as energy starts to move and seep into my life." – **David**